

NEBOSH CONFERENCE

EICC, EDINBURGH

27 NOVEMBER 2024



Timing	Topic
8.30 - 9.30	Arrival. Registration and Coffee
9.30 – 10.00	Speaking the right language Getting leadership buy in and commitment to health and safety initiatives is a common challenge for many safety professionals. In this session Dee will explore the importance of strong communication skills and how to connect with the CEO and other C-suite leaders. Preparation, understanding their perspective, and being aware of common mistakes so you can avoid them will all contribute to speaking the right language and getting everyone on the same page. <ul style="list-style-type: none">- Dee Arp (Chief Quality Officer – NEBOSH)
10.00 – 10.30	How inclusive is your organisation? How personalised health and wellbeing conversations could improve employee retention, resilience and so much more Implementing an inclusive workplace wellbeing strategy is not just a matter of ethical responsibility, but should also be considered as a key financial and business decision. The long-term health and financial costs associated with high employee turnover and absenteeism can be substantial. By adopting a more personalised approach to health and wellbeing conversations, organisations can create a more inclusive, supportive, and productive work environment that not only benefits individual employees, but also contributes to the overall success and sustainability of the organisation. This presentation will explore how these approaches can create a more resilient and productive workforce, ultimately contributing to overall business success. <ul style="list-style-type: none">- Ann Diment (Author and Founder – Resilience Rebel)
10.30 – 11.00	Coffee Break
11.00 -11.30	Chaos versus control: plan, prepare and prevent If an incident happens on your watch, you want to feel in control, not overwhelmed. This session focuses on incident response planning, providing takeaways so you can begin this process or stress test your current system. Considering how you handle an investigation in advance helps to avoid common pitfalls and can also help to identify gaps in your H&S management, which if addressed, may avoid incidents happening in the first place! <ul style="list-style-type: none">- Karen Railton (Partner – Head of Regulatory SHE Advisory Scotland – DAC Beachcroft Claims Scotland LLP)
11.30 - 12.00	Building and managing psychosocially resilient and sustainable work The UK's new government is introducing policies to 'get Britain working'. These will need to tackle how employees' effectiveness at work is hampered by poor physical and mental health. Consultancy firm Deloitte's latest research shows that the cost to employers of poor mental health is £51bn per year. And this year, 46% of working parents were concerned about their children's mental health too. This situation is mirrored worldwide. Find out from IOSH President Elect, Kelly Nicoll, how occupational safety and health professionals can partner effectively with other professionals to assess and address psychosocial risks, laying better foundations for mental health and wellness to enable our workplaces to be healthy, resilient, and more sustainable. <ul style="list-style-type: none">- Kelly Nicoll (President Elect – Institution of Occupational Safety and Health)

12.00 - 13.00	Lunch
13.00 – 13.30	<p>50 years on, does the Health and Safety at Work etc Act (HSWA) still fit the bill in a changing world of work?</p> <p>In this session our panel will discuss the impact the HSWA has had on health and safety performance and management in Great Britain over the last 50 years. The panel will then identify some of the key emerging risks being faced in workplaces today, before considering how well they think the HSWA will be able to address them.</p> <ul style="list-style-type: none"> - Panel Chair – Dee Arp (Chief Quality Officer – NEBOSH) <p>Panellists</p> <ul style="list-style-type: none"> - Karen McDonnell (Head of Global Relations – RoSPA) - Nick Pahl (Chief Executive – SOM) - Kelly Nicoll (President Elect – Institution of Occupational Safety and Health)
13.30 – 14.00	<p>Are we working (too) comfortably?! Strategies to reduce sedentary behaviour when Working from Home (WfH) / hybrid working</p> <p>Covid-19 permanently changed the working landscape, with many workers swapping the office for WfH. Researchers at the University of Edinburgh have been exploring the context around WfH and time spent in sedentary behaviours. High volumes of sedentary behaviours are associated with poor mental and physical health. The occupational setting is particularly high risk for high sedentary behaviour levels. Alarming WfH has exacerbated this further, and support is urgently needed to ensure those working from home are doing so in safe and healthy ways. Through our research we have co-developed, with stakeholders, a range of solutions – including an online toolkit, and smartphone app. This session will provide an overview of the research to-date and present the co-developed solutions, with suggestions for how to embed them into your own working practices and that of your organisation.</p> <ul style="list-style-type: none"> - Sarah Morton (Chancellors Fellow – Physical Activity for Health Research Centre University of Edinburgh)
14.00 – 14.30	<p>Driving tired Kills: Conversations about sleep, and driving tired</p> <p>Fatigue is one of the top 4 topics that the occupational health and safety professional needs to have a better understanding of. For many workers driving or riding for work is the most dangerous activity they undertake. Driving tired causes hundreds of crashes on our road every year. When drivers fall asleep, the police find no signs of braking, or any avoiding actions, so they tend to result in high-speed collisions and are around 50% more likely to result in death or serious injury.</p> <p>This session will provide a ‘wake up call’. Reflecting the RoSPA Driving and Riding for Work project, funded by Transport Scotland, it will assist organisations to understand the importance of managing driving tired in the same way as all other risks to their organisation.</p> <ul style="list-style-type: none"> - Karen McDonnell (Head of Global Relations – RoSPA) - Duncan McNicol (Head of Risk & Compliance - City Building Engineering Services Ltd)
14.30 – 15.00	<p>“My Life is Worth More Than This”: Understanding Risk in On-Demand Food Delivery</p> <p>This session will explore the nature of risk in on-demand food delivery work. Drawing on interviews with 25 riders in Edinburgh, this session will illustrate how on-demand food delivery business models create a range of health and safety risks- both on the road, as well as for riders personally. While physical risk and fears of road accidents are of greatest concern to riders, these safety risks have to be understood within a broader framework of “demutualised risk”, where riders, who are categorised as “self-employed contractors”, absorb all costs related to work. In order to make a living wage, as well keep up their platform “stats” and metrics, riders are fundamentally encouraged to take risks with their own safety.</p> <ul style="list-style-type: none"> - Karen Gregory (Senior Lecturer in Sociology – The University of Edinburgh)
15.00 – 15.20	Coffee Break
15.20 – 17.00	MOCK TRIAL – DAC Beachcroft
17.00	Wrap Up and Close